Spiritual Director’s International presents
Journey Toward Wholeness: A Courage & Renewal® Retreat at Ghost Ranch
Carol Kortsch, MA & Valerie Brown, JD, MA, PCC - Courage & Renewal® Retreat Leaders
November 10-15, 2019

In desert and mountain wilderness, people discover liminal places
suggesting thresholds between where they have been and where they are going.
--Belden C. Lane, from Solace of a Fierce Landscape

Sunday, November 10

3:00 pm  Session 1: Inner Landmarks: Ghost Ranch, A ‘Thin’ Place: Opening Circle: Welcome, Retreat Overview, Touchstones, Intentions for the Journey, and Introductions
5:30-6:30 pm  Dinner
7:30-8:45 pm  Session 2: Exploring A Hidden Wholeness

Monday, November 11

7:00-7:30 am  Session 3: Luminous Glow: Contemplative Practices for Spiritual Directors
7:30-8:30 am  Breakfast
9:00-11:15 am  Session 4: Steppingstones: Listening Deeply & Cultivating Faithfulness
12:00-1:00 pm  Lunch
1:00-2:30 pm  Respite: Enjoy the Ranch: rest, hike, paint, explore, nap—yow choose!
2:30-5:00 pm  Session 5: Preparation for the Clearness Committee/The Art of Asking Open Questions
5:30-6:30 pm  Dinner
7:00-8:45 pm  Session 6: Circle of Light: Harvesting Lessons of the Day

Tuesday, November 12

7:00-7:30 am  Session 7: Luminous Glow: Contemplative Practices for Spiritual Directors
7:30-8:30 am  Breakfast
9:00-11:30 am  Session 8: Coming to Light: Spiritual Discernment in the Clearness Committee
12:00-1:00 pm  Lunch
1:00-5:30 pm  Session 9: A Place of Kindness, A Place of Solitude: Off-Ranch Visit to Christ in the Desert. A visit is planned to Christ in the Desert Monastery for a brief service of Gregorian chant and to visit the gift shop either early or late in the day
www.christdesert.org
5:30-6:30 pm  Dinner
8:00-9:00 pm  Session 10: Circle of Light: Harvesting Lessons of the Day
Wednesday, November 13

7:00-7:30 am  Session 11: Luminous Glow: Contemplative Practices for Spiritual Directors
7:30-8:30 am  Breakfast
9:00-9:45 am  Session 12: What We Need is Here: De-Briefing Clearness Committee
9:45-11:30 am Session 13: Healing Circle
12:00-1:00 pm Lunch
1:00-4:00 pm  Respite: Enjoy the Ranch: rest, hike, paint, explore, nap—-you choose!
4:00-5:30 pm  Session 14: Sanctuary & Self-Care Practices for Long Haul
5:30-6:30 pm  Dinner
7:00-8:45 pm  Session 15: Circle of Light: Harvesting Lessons of the Day

Thursday, November 14

7:00-7:30 am  Session 16: Luminous Glow: Contemplative Practices for Spiritual Directors
7:30-8:30 am  Breakfast
9:00-11:30 am Session 17: Beauty Before Me: Deepening Spiritual Direction
12:00-1:00 pm Lunch
1:00-6:30 pm  Session 18: Healing Waters: Off-Ranch Visit to Ojo Caliente Mineral Springs Resort & Spa

We depart Ghost Ranch for Ojo Caliente Mineral Springs Resort & Spa after lunch at Ghost Ranch at approximately 1:00 pm and arrive at Ojo at approximately 2:00 pm. Bodywork appointments may be arranged at Ojo http://ojocaliente.ojospa.com/spa/ or Ghost Ranch, https://www.ghostranch.org/explore/bodywork-yoga/.

Dinner options: Boxed dinner from Ghost Ranch/Dinner at Ojo Caliente (at extra cost)

For those who desire an extended experiential time of solitude and listening with the land at Ghost Ranch, and who will not be departing for Ojo Caliente Spa, practices for engaging Earth Listening will be offered.

6:30-7:30 pm  Return to Ghost Ranch
7:30-8:45 pm  Session 19: Circle of Light: Harvesting Lessons of the Day

Friday, November 15

7:30-8:30 am  Breakfast
9:30-11:45 am Session 20: The Journey Begins: Closing Circle, Integration, Gratitude, and Next Steps
12:00-1:00 pm Lunch & Farewell

The schedule is subject to change. All events take place at Ghost Ranch unless otherwise noted, and meals are served at the Dining Hall.

Thank you,
Carol and Valerie

www.leadsmartcoaching.com